



Zintuigenverhaal

Lynn Is Moving



Sensory Story – Lynn Is Moving

Photos and icons



Reading instructions are provided at the end of this story

1

Lynn is moving to a new house. She has received a beautiful key.

(show/let them feel/let them hear the set of keys)



2

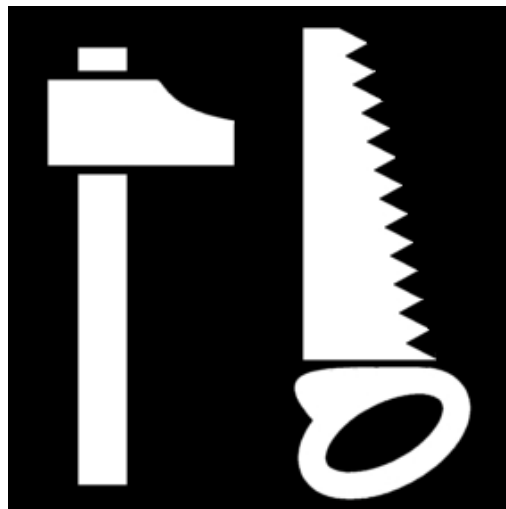
The new house is empty. Mom/Dad and Lynn are painting the wall.
(let them smell the wall paint/feel the roller)



3

Dad/Mom/the workers are doing a lot of home improvement.
What a racket!

(sound of a drill/hammer a nail into the wall yourself)



4

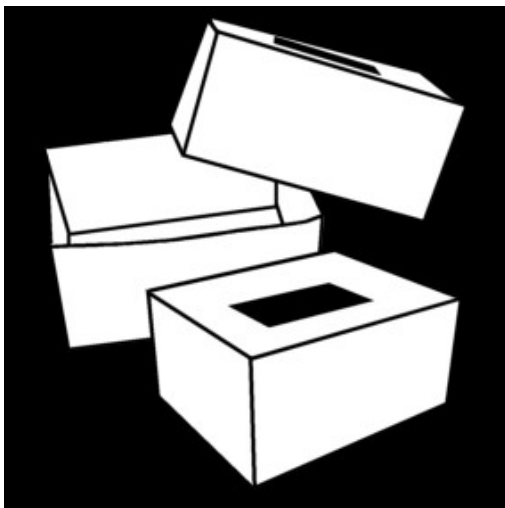
Everything is dirty. Lynn is going to clean it all up.

(feel/smell a cleaning wipe or feel water and a sponge)



5

Lynn is putting things in the box. There are so many boxes!
(putting things in a box, or letting the child feel a cardboard box with something inside)



6

Everything goes into the (moving) truck/van! BEEP BEEP, off to the new house!

(honk a toy horn or play the sound of a car horn, for example, by pressing a voice button)



7

Lynn unpacks the boxes. What's inside?

(unwrap an object from bubble wrap, feel the bubble wrap)



8

Lynn is tired. She's done so much! Now Lynn is going to eat/
drink in her new house. Goodbye, Lynn!

*(let the children smell or taste a cookie, pizza cracker,
mayonnaise, coffee, or other "moving-day snack"—let the
reader smell/taste it or smell/taste the drink)*



Instructions for the Reader

Note: In this story, choices have been made regarding the move and the accompanying photos. We want to provide an example here, which can then be adapted to your own situation (possibly using your own photos as well). For more tips and advice, see the “Guide to Sensory Stories for Special Occasions” at www.zintuigenverhalen.nl.

Purpose

The primary goal of a sensory story is to enjoy a pleasant moment together. In addition, reading aloud can stimulate communication and interaction. Furthermore, this story can help with preparing for and/or processing a move, thereby facilitating communication about the topic.

Why this story?

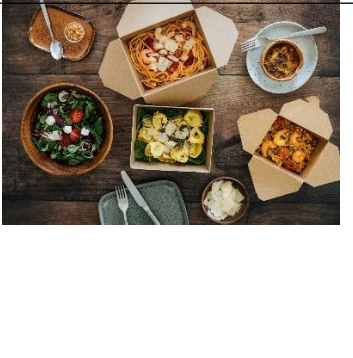
A move always brings changes and is therefore often a major life event. Experiencing the story together can help you cope with the move. This could involve a family move, but the story can also be used if one person in the family is moving, or if someone is changing residential groups or schools. In those cases, the story may need some adjustments.

Required

- Set of keys
- Wall paint and/or paint roller
- Hammer and nail or (sound of a) (toy) drill
- Cleaning wipe or water with a sponge
- Moving box, possibly with some items inside
- A horn or the sound of a horn (for example, from a voice button or a YouTube video)
- Bubble wrap or wrapping paper with something inside
- Something to eat or drink that is also eaten or drunk during the move

Note: This story is now 8 pages long and includes sensory stimuli. You can choose to omit 1 or 2 pages or not to include food or drink on the last page.

	<i>This doesn't have to be the real key, so it can also be an "old" set of keys. However, it's fun to attach the real key to this set of keys during the actual move. As part of the story, you can feel the keys, rattle them, and maybe discover a fun keychain together.</i>
	<i>Feel the paint roller; you could even roll it over your arm, leg, or across the table. Or smell the wall paint (for example, from a sample). Be careful, though, because wall paint isn't always washable and shouldn't be put in your mouth.</i>

		<i>Hammer a nail into a piece of wood together, or listen together to the sound of hammering or drilling. The sound can come from a YouTube video or a recording on a voice recorder.</i>
		<i>Smell and feel a damp cleaning wipe, or fill a sponge with water and squeeze it out. Make sure to choose an activity that the person has actually experienced during the move. So you could also replace this with vacuuming, sweeping, etc.</i>
		<i>Fold the (mini) moving box open and closed together, or shake it to hear that there's something inside. Or feel together how heavy or light the box is.</i>
		<i>Toy horns are available at toy stores (for example, for bicycles). But you can also use a recording of a horn from YouTube and, if desired, set it to a voice button.</i>
		<i>Wrap an object in bubble wrap or tissue paper and unwrap it together. Even just discovering the bubble wrap can provide plenty of interaction and fun.</i>
		<i>A move is often associated with a specific food, such as pizza, takeout, or coffee with cookies. If someone wants to, let them smell or taste a small piece of that specific food or drink. Be careful, though, that the bit of food or drink doesn't become a distraction that takes attention away from the other elements of the story. If that happens, leave the food-related element out of the story and end with "Goodbye!"</i>

Preparation

- Choose which version you will read aloud (photos, pictograms, PCS symbols). If necessary, consult with an expert (such as a speech-language pathologist) to determine which gestures and images (photos, pictograms, or PCS symbols) are most appropriate for this person.
- Print out the document and place the story pages in a binder or laminate them.
- Are all the materials included?
- Check whether the story might need to be shortened: are all the concepts relevant and recognizable to the person? The story is designed so that you can easily omit a page.
- Are the gestures familiar?
- Practice the story in advance.

At the beginning

Can the person focus on the story? Is the person alert? Are there any physical discomforts? Is the environment quiet? Does it fit into the daily schedule?

Reading Aloud

- Read and sign the page.
- Let them experience the sensation.
- Give the person time to experience it.
- Name and sign (again) the most important words.
- If possible, ask a question about the page or the experience.
- Give the person a little more time.
- Respond to reactions, such as facial expressions or pointing.
- Put the object back in the box.
- Turn to the next page.

Wrap-up

Finally, put the materials back in the box. The story is over.

Application in Other Situations

Use the gestures from this story in other situations as well. By incorporating the concepts into activities throughout the day, the children can apply them, and the story can take on even more meaning the next time, for example: "Look, a moving truck! We went in that big truck too, didn't we?"

Enjoy!

Reading aloud is especially fun. 😊

What else you need to know

This sensory story may be shared in its existing PDF format. For more information, send an email to zintuigenverhalen@kentalis.nl or visit www.zintuigenverhalen.nl

Image Credits

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Most of the pictograms in this story are from www.Sclera.be. These pictograms may be used under a Creative Commons 2.0 license, provided that the source is credited and they are not used for commercial purposes. The pictograms for wall paint and unpacking were generated using AI.

Three photos were purchased from Shutterstock (moving truck, moving box, and contents of a moving box), and one photo was taken by a Kentalis employee (horn). The remaining photos are from Microsoft Stock Images. The images may not be used outside of this document created in Microsoft Word.

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